

- Host:** Olivet Nazarene University
Perry Student Life Recreation Center
One University Ave
Bourbonnais, IL 60914
- Entries:** Opens Friday, November 30th.
Closes at Midnight on Wednesday, December 5th. All team entries completed online at Direct Athletics. No entry limits. Teams and unattached athletes **MUST** register online through directathletics.com. No high school athletes allowed to compete in college meets. **No late entries accepted.**
- Entry Fee:** \$250 Per Team. \$500 Men & Women combined.
Checks payable to Olivet Nazarene University.
\$20 unlimited events for Unattached athletes. Must contact meet director for entry.
- Scratches:** Provided by 12:00pm Thursday, December 6th for final heat sheets. Please alert the meet director of any changes as soon as possible before an event on meet day.
- Scoring:** The Holiday Invite is a non-scoring meet
- Track:** Eight-lane, 200 meter Mondo surface with 10 lanes on sprint straightaway.
No food or drink allowed in the Fieldhouse. All food is to be kept inside the team camp area in Chalfant Hall.
- Spectators:** Admission is \$6 for adults and \$4 for children, students and seniors.
Bleacher seating is available plus standing room around the track.
Concessions are be available in the lobby of the Perry Center.
No spectators on the inside of the track. No athletes in the bleachers.
- Team Camps:** Chalfant Hall may be used for your team's staging area, located down the hall from the Fieldhouse in the Parrot Convocation Center.
- Spikes:** **Pyramid spikes only: ¼" are the maximum allowed.**
- Trainers:** Certified athletic training staff will be available throughout the meet.
- Info Packets:** Pick up packet upon arrival at check-in table near finish line.
- Results:** Posted on results board after each event. Will be available at the conclusion of the meet on www.onutigers.com and TFRRS. Coaches are responsible for securing all data for entering his/her national meet qualifiers.



Meet Director: Ashley Thomas, Assistant XC/Track & Field Coach
Office: 815-928-5570 Fax: 815-939-7933 Email: aathomas@olivet.edu

Parking: Bus Parking is available in the North Parking lot, located off of Stadium Drive. Ample fan parking is available in the Weber Lot or Chapel lots.

Weigh-Ins: Throwing implements must be weighed in at the northeast corner behind the throwing cage between **2:00-3:30pm**. Once an implement is submitted for certification, it will remain impounded until the completion of the event. Illegal implements will be secured and may be picked up at the conclusion of competition of that event. Only certified implements may be used during official warm-ups and competition. Implements passing certification will be brought to the event site 20 minutes before the start of the event. Implements can be picked up at the conclusion of the event finals.

Schedule:

Throws (one cement ring): Top 9 Advance to Finals

4:00pm: Weight Throw- Men (followed by Weight Throw- Women)
Shot Put- M/W (after Weight Throw; two rings)

Minimum marks may be implemented after the entry list has been set. In the event of minimum marks, the first legal throw will be measured. Attempts will not be measured if under minimum mark. Contact Tanner Hurt at tjhurt@olivet.edu or 815-928-5659 for further questions.

Horizontal Jumps (two runways): Top 9 Advance to Finals

4:00pm: Long Jump- Women (followed by Triple Jump- Women) LEFT RUNWAY
Long Jump- Men (followed by Triple Jump- Men) RIGHT RUNWAY

First legal jump will be measured. Further attempts will not be measured if under minimum mark. (Minimum marks: Men's Long Jump- 6.00m, Women's Long Jump- 4.70m, Men's Triple Jump-12.00m, Women's Triple Jump- 9.20m)

Vertical Jumps: Finals only

4:00pm: High Jump- Women (followed by High Jump- Men)
4:00pm: Pole Vault- Women (followed by Pole Vault- Men)

Starting Heights: Women's High Jump-1.37m, Women's Pole Vault- 2.40, Men's High Jump- 1.61m, Men's Pole Vault-3.00m

Running Events:****Women run first in all events****

4:00pm: 60m Hurdles Trials
60m Dash Trials
Mile Run
60m Hurdle Finals
60m Dash Finals
400m Dash
800m Run
200m Dash ****Must DECLARE at check-in table in advance of the 400m run****
3000m Run
4x400m Relay

****A time schedule will be sent the week of the meet. All efforts will be made to remain ON TIME or roll up to 30 minutes ahead of the scheduled time. Announcements will be made in the fieldhouse only.****